

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 THROUGHOUT THE DAY THERE WILL BE RESIDENTS' CHOICES FOR ACTIVITIES
2 AM – READING IN THE LOUNGES PM – MOVIE AFTERNOON	3 AM – PAMPERING NAIL CARE TREATMENTS, AND HAIRDRESSER PM – EXERCISE SESSIONS WITH PETE	4 AM – WORDSEARCHES PM – PING PONG GAMES	5 AM – BOARD GAME MORNING PM – AFTERNOON COFFEE, AND CHATS	6 AM – MILLIONAIRE QUIZZES PM – KNITTING AND CROCHETING	7 AM – KEEP FIT BALL GAMES PM – CARD BINGO, AND SINGING	8 THROUGHOUT THE DAY THERE WILL BE RESIDENTS' CHOICES FOR ACTIVITIES
9 AM – COFFEE MORNING PM – HORSERACING GAMES WITH NICK	10 AM – PAMPERING NAIL CARE TREATMENTS, AND HAIRDRESSER PM – CHAIR YOGA	11 AM – STILL LIFE DRAWING PM – DUET SINGING	12 AM – CROSSWORDS PM – MUSICAL MOVIE AFTERNOON	13 AM – BINGO PM – SING-A-LONGS	14 AM – QUIET TIME PM – TONGUE TWISTERS	15 THROUGHOUT THE DAY THERE WILL BE RESIDENTS' CHOICES FOR ACTIVITIES
16 AM – COFFEE MORNING PM – SKITTLES WITH NICK	17 AM – PAMPERING NAIL CARE TREATMENTS, AND HAIRDRESSER PM – EXERCISE SESSIONS WITH PETE	18 AM – WHERE IN THE WORLD PM - CONUNDRUMS	19 AM – RELIGIOUS VISITS WITH FATHER ANDREW PM – PINK FLOWER ARRANGING	20 AM – WEAR PINK DAY FOR BREAST CANCER PM – SPECIAL BREAST CANCER TEA	21 AM – COCKNEY SINGING PM – MOCKTAILS, AND JAZZ MUSIC	22 THROUGHOUT THE DAY THERE WILL BE RESIDENTS' CHOICES FOR ACTIVITIES
23 AM – CHAIR EXERCISES PM – DARTS COMPETITION	24 AM – PAMPERING NAIL CARE TREATMENTS, AND HAIRDRESSER PM – EXERCISE SESSIONS WITH PETE	25 AM – BOARD GAMES PM – TIN CAN ALLEY	26 AM – DOMINOES, AND GROUP DISCUSSIONS PM – MOVIE AFTERNOON	27 AM – CARD BINGO PM – LIVE SINGING WITH ALEXIS	28 AM – CROSSWORDS PM – MUSICAL MOVIE AFTERNOON	29 THROUGHOUT THE DAY THERE WILL BE RESIDENTS' CHOICES FOR ACTIVITIES
30 AM – FLOWER PRESSING PM – SPOOKY ARTS AND CRAFTS	31 AM – PAMPERING NAIL CARE TREATMENTS, AND HAIRDRESSER PM – SPOOKY HALLOWEEN TEA					